

SCIENCES AND TECHNIQUES OF PREVENTIVE AND ADAPTED

(Università degli Studi)

Teaching Health promotion: Fitness Methodologies 2

GenCod A007515

Owner professor

Reference professors for teaching

Teaching in italian PROMOZIONE DELLA SALUTE: METODOLOGIE DEL FITNESS 2 **Course year** 2

Teaching Health promotion: Fitness Methodologies 2

SSD code M-EDF/01

Reference course SCIENCES AND TECHNIQUES OF PREVENTIVE AND

Course type Laurea Magistrale

Credits 2.0

Teaching hours Front activity hours: 20.0

For enrolled in 2025/2026

Taught in 2026/2027

Language

Curriculum PERCORSI COMUNE/GENERICO

Location

Semester

Exam type

Assessment

Course timetable

<https://easyroom.unisalento.it/Orario>