

# MOTOR AND SPORT SCIENCES (LB45)

(Università degli Studi)

## Teaching Theory, Technique and Didactics of physical fitness

GenCod A006898

**Owner professor**

**Reference professors for teaching**

**Teaching in italian** TEORIA, TECNICA E DIDATTICA DEL FITNESS

**Teaching** Theory, Technique and Didactics of physical fitness

**SSD code** M-EDF/02

**Reference course** MOTOR AND SPORT SCIENCES

**Course type** Laurea

**Credits** 6.0

**Teaching hours** Front activity hours: 54.0

**For enrolled in** 2022/2023

**Taught in** 2024/2025

**Course year** 3

**Language** ITALIAN

**Curriculum** PERCORSO COMUNE

**Location**

**Semester**

**Exam type** Oral

**Assessment** Final grade

**Course timetable**

<https://easyroom.unisalento.it/Orario>