

# MOTOR AND SPORT SCIENCES (LB45)

(Lecce - Università degli Studi)

## Teaching SPORTING ACTIVITY: NUTRIENTS AND NUTRACEUTICALS IN VEGETABLES

GenCod A005293

**Owner professor** Luigi DE BELLIS

**Reference professors for teaching**

**Teaching in italian** NUTRIENTI E  
NUTRACEUTICI VEGETALI

**Teaching** SPORTING ACTIVITY:  
NUTRIENTS AND NUTRACEUTICALS IN

**SSD code** BIO/04

**Reference course** MOTOR AND SPORT  
SCIENCES

**Course type** Laurea

**Credits** 6.0

**Teaching hours** Front activity hours:  
48.0

**For enrolled in** 2022/2023

**Taught in** 2024/2025

**Course year** 3

**Language** ITALIAN

**Curriculum** PERCORSO COMUNE

**Location** Lecce

**Semester** Second Semester

**Exam type** Oral

**Assessment** Final grade

**Course timetable**

<https://easyroom.unisalento.it/Orario>