

# MOTOR AND SPORT SCIENCES (LB57)

(Università degli Studi)

## Teaching Didactics of motor activities for adults and the elderly

GenCod A007488

**Owner professor**

**Reference professors for teaching**

**Teaching in italian** DIDATTICA DELLE ATTIVITA' MOTORIE PER PER L'ETA'

**Teaching** Didactics of motor activities for adults and the elderly

**SSD code** M-EDF/01

**Reference course** MOTOR AND SPORT SCIENCES

**Course type** Laurea

**Credits** 2.0

**Teaching hours** Front activity hours: 20.0

**For enrolled in** 2023/2024

**Taught in** 2025/2026

**Course year** 3

**Language**

**Curriculum** PERCORSO COMUNE

**Location**

**Semester**

**Exam type**

**Assessment**

**Course timetable**

<https://easyroom.unisalento.it/Orario>